







































































































- Watts, S. E., Turnell, A., Kladnitski, N., Newby, J. M., & Andrews, G. (2015). Treatment-as-usual (TAU) is anything but usual: A meta-analysis of CBT versus TAU for anxiety and depression. *Journal of Affective Disorders, 175*, 152–167. <https://doi.org/10.1016/j.jad.2014.12.025>
- Wenner, C. J., Figueredo, A. J., & Jacobs, W. J. (2005). Validation of the “Mini-K” using socially problematic behaviors. In *Annual Meeting of the Human Behavior and Evolution Society*. Austin, TX.
- WHO | "Depression: let's talk" says WHO, as depression tops list of causes of ill health. (n.d.). Retrieved February 18, 2018, from <http://www.who.int/mediacentre/news/releases/2017/world-health-day/en/>
- Williams, G. C. (1966). *Adaptation and natural selection*. Princeton: Princeton University Press.
- Wolpert, L. (1999). *Malignant sadness: The anatomy of depression*. New York: Free Press.
- Woodley, M., Baca, T. C. de, Fernandes, H. B. F., Madison, G., Figueredo, A.-J., & Aguirre, M. P. (2017). Slow and steady wins the race: K positively predicts fertility in the usa and sweden. *Evolutionary Psychological Science, 3*(2), 109–117. <https://doi.org/10.1007/s40806-016-0077-1>
- Wrosch, C., Scheier, M. F., & Carver, C. S. (2003). The importance of goal disengagement in adaptive self-regulation: When giving up is beneficial. *Self and Identity, 2*, 1–20.

NOT FOR DISTRIBUTION